

Menu Item Name	Potential Allergens	Milk	Eggs	Peanuts	Wheat	Shellfish	Soy	Tree Nuts	Fish	Gluten
STARTERS:										
Bar-B-Q Chicken Nachos	** Spices	X	X		X		X			X
Bar-B-Q Wet Chicken & Turkey Nachos	** Flavoring, Spices	X	X		X		X		X	X
Bar-B-Q Potato Skins (Chicken & Turkey)	** Flavoring, Spices	X	X		X		X		X	X
Hot Boiled Peanuts				X						
Brunswick Stew	Flavoring, Spices						X			
BBQ Salad w/ Pork (without Garlic Bread)	Flavoring, Spices	X	X				X		X	
BBQ Salad w/ Beef (without Garlic Bread)	Flavoring, Spices	X	X				X		X	
BBQ Salad w/ Chicken (without Garlic Bread)	Flavoring, Spices	X	X				X		X	
BBQ Salad w/ Turkey (without Garlic Bread)	Flavoring, Spices	X	X				X		X	
BBQ Salad w/Beef & Pork (without Garlic Bread)	Flavoring, Spices	X	X				X		X	
BBQ Salad w/Chicken & Turkey (without Garlic Bread)	Flavoring, Spices	X	X				X		X	
Mini Smokers-Pork & Beef (without French Fries)	Flavoring, Spices	X	X		X		X			X
Mini Smokers-Chicken & Turkey (without Fr.Fries)	Flavoring, Spices	X	X		X		X		X	X
Side Salad (BBQ Dressing)	Flavoring, Spices	X	X				X		X	
Catered Salad (without dressing)		X								
OUR FAMOUS PLATTERS: (without sides) (includes Garlic Bread)										
Slab of Ribs (St. Louis)	Flavoring	X	X		X		X			X
Slab of Ribs (Baby Back)	Flavoring	X	X		X		X			X
Bar-B-Q Variety Platter for Two (Baby Back or St. Louis)	Flavoring	X	X		X		X			X
FAMILY STYLE FEASTS: (includes BBQ Beans, Coleslaw, Corn on the Cob, French Fries, Garlic Bread)										
Bar-B-Q for Four (Ribs, Chicken, & Beef)	** Flavoring	X	X		X		X			X
Bar-B-Q for Four (Ribs, Chicken, & Pork)	** Flavoring	X	X		X		X			X
Pork Lovers Feast (without sides) (includes Garlic Bread)	Flavoring	X	X		X		X			X
SANDWICHES: (without sides or sauce)										
Pulled Pork Sandwich	Flavoring	X	X		X		X			X
Baby Beef Sandwich	Flavoring	X	X		X		X			X
Wet Bandana Pork & Beef Sandwich (includes sauce)	Flavoring	X	X		X		X			X
St Louis Rib Sandwich	Flavoring	X	X		X		X			X
Baby Back Rib Sandwich	Flavoring	X	X		X		X			X
Pulled Chicken Sandwich	Flavoring	X	X		X		X			X
Turkey Sandwich	Flavoring	X	X		X		X			X
Smoked Sausage Sandwich	Flavoring	X	X		X		X			X
Wet Bandana Chicken & Turkey Sandwich (includes sauce)	Flavoring	X	X		X		X		X	X
LUNCHEON PLATES: (without sides or sauce)										
Pork (with Garlic Bread)	Flavoring	X	X		X		X			X
Beef (with Garlic Bread)	Flavoring	X	X		X		X			X
Pork & Beef (with Garlic Bread)	Flavoring	X	X		X		X			X
Chicken (with Garlic Bread)	Flavoring	X	X		X		X			X
Turkey (with Garlic Bread)	Flavoring	X	X		X		X			X
Smoked Sausage (with Garlic Bread)	Flavoring	X	X		X		X			X
St Louis Ribs (with Garlic Bread)	Flavoring	X	X		X		X			X
Baby Back Ribs (with Garlic Bread)	Flavoring	X	X		X		X			X
Loaded BBQ Baked Potato (Beef & Pork)	Flavoring, Spices	X					X			
Loaded BBQ Baked Potato (Chicken & Turkey)	Flavoring, Spices	X					X		X	
DINNER PLATTERS: (without sides or sauce) (includes Garlic Bread)										
Pork Platter	Flavoring	X	X		X		X			X
Beef Platter	Flavoring	X	X		X		X			X
Pork & Beef Platter	Flavoring	X	X		X		X			X
St. Louis Rib Platter	Flavoring	X	X		X		X			X
Baby Back Rib Platter	Flavoring	X	X		X		X			X
Chicken Platter	Flavoring	X	X		X		X			X
Turkey Platter	Flavoring	X	X		X		X			X
Smoked Sausage Platter	Flavoring	X	X		X		X			X
COMBO PLATTERS: (without sides or sauce) (includes Garlic Bread)										
Chicken & St. Louis Ribs	Flavoring	X	X		X		X			X
Chicken & Baby Back Ribs	Flavoring	X	X		X		X			X
3 Meat: Pork, Beef, Turkey	Flavoring	X	X		X		X			X
FAMILY SPECIALS: (includes BBQ Beans, Coleslaw, Garlic Bread)										
Pork & Ribs	Flavoring	X	X		X		X			X
Beef & Ribs	Flavoring	X	X		X		X			X
Ribs & Chicken	Flavoring	X	X		X		X			X
Chicken	Flavoring	X	X		X		X			X
DESSERTS:										
Brownie a la Mode	Flavoring, Peanuts	X	X	pr	X		X	X		X
Apple Pie (no ice cream)	Flavoring	X			X		X			X
Donut Holes	** Flavoring	X	X		X		X			X
Fitz's Root Beer Float	Flavoring, Peanuts, Tree Nuts	X		pr				pr		
Ice Cream Sundae	Flavoring, Peanuts, Tree Nuts	X		pr				pr		
BY THE POUND: (without sauce)										
Pork	Spices						X			
Smoked Sausage										
Beef	Spices						X			
Turkey										
St. Louis Ribs	Flavoring, Spices, Soy Lecithin									
Baby Back Ribs	Flavoring, Spices, Soy Lecithin									
Whole BBQ Chicken (Half)	Spices						X			
BBQ Beans (pint, quart)	Flavoring, Spices, Food Starch						X			
Smokehouse Beans (pint, quart) **KC only	Flavoring, Spices, Food Starch						X			
Coleslaw (pint, quart)	Spices		X							
Potato Salad (pint, quart)	Flavoring, Spices		X							
Green Beans (pint, quart)										
Brunswick Stew (pint, quart)	Flavoring, Spices						X			
Boiled Peanuts (pint, quart)				X						
Garlic Bread (piece)	Flavoring	X	X		X		X			X
SIDE DISHES:										
Bar-B-Q Beans	Flavoring, Spices, Food Starch						X			
Sweet Cut Corn	Flavoring, Soy Lecithin	X								
Creamy Coleslaw	Spices		X							
Potato Salad	Flavoring, Spices		X							
Green Beans										
Baked Potato (no toppings)										
Applesauce										
French Fries	**	X	X		X		X			X
Corn on the Cob (with margarine)	** Flavoring, Soy Lecithin	X	X		X		X			X
Fried Okra	**	X	X		X		X			X
SAUCES:										
St. Louis Sweet & Smoky	Spices									
Chicago Sweet	Flavoring, Spices								X	
KC Style	Spices									
Memphis Style (spicy)	Flavoring, Spices						X		X	
Southern Style Original	Flavoring, Spices									
Carolina Smokin Hot BBQ	Flavoring, Spices									
SALAD DRESSINGS:										
Bandana's Bar-B-Q Dressing	Flavoring, Spices	X	X				X		X	
Lite Ranch (Kuna)	Spices, Food Starch	X	X							
Chef's Lite Buttermilk Dressing (Lasco)	Flavoring, Spices, Food Starch	X	X							

Key to Symbols and Statments:

X = presence of allergen

Notes:

Broth may utilize a gluten-containing grain

Chocolate may have milk proteins.

Flavoring may contain any of the eight allergens.

Studies show most individuals allergic to soy may safely eat **soy lecithin**.

Spices may contain gluten-containing grain.

Food Starch may indicate the presence of wheat protein.

Processed in a facility with allergen.

**** Potential allergens from cross contamination from sharing same frying oil have been marked with X for fried items.**

This allergen review, conducted by Healthy Dining, is based upon product and recipe information supplied by **Bandana's BBQ**. This review does not account for cross-contamination that may occur (1) during preparation of